

Disability Days 2024

January

- 4: [World Braille Day](#)
- 15: Blue Monday

February

- 1: [Dignity Action Day](#)
- 1: [Time to Talk Day](#)
- 4: [World Cancer Day](#)
- 5-11: [Tinnitus Awareness Week](#)
- 12: [International Epilepsy Day](#)
- 29: [Rare Disease Day](#)

March

[Brain Tumour Awareness Month](#)

- 3: [World Hearing Day](#)
- 18-24: [Neurodiversity Celebration Week](#)
- 21: [World Down's Syndrome Day](#)
- 28: [Wear A Hat Day \(Brain Tumour Research's annual event\)](#)
- 30: [World Bipolar Day](#)

April

[Stress Awareness Month](#)

- 2: [World Autism Awareness Day](#)
- 11: [World Parkinson's Day](#)
- 22-28: [MS Awareness Week](#)

May

- 10: [World Lupus Day](#)
- 13-19: [Mental Health Awareness week](#)
- 16: [Global Accessibility Awareness Day \(GAAD\)](#)

June

- 17-23: [Learning Disability Week](#)

July

- 24: [Talk to Us \(Samaritans' awareness campaign\)](#)
- 25: [National Schizophrenia Awareness Day](#)

September

[Childhood Cancer Awareness Month](#)

[Blood Cancer Awareness Month](#)

8-14: [Know Your Numbers \(blood pressure\) Awareness Week](#)

21: [World Alzheimer's Day](#)

23: [International Day of Sign Languages](#)

23-29: [National Inclusion Week](#)

October

[ADHD Awareness Month](#)

10: [World Mental Health Day](#)

10: [World Sight Day](#)

7-13: [Dyslexia Awareness Week](#)

7-11: [National Work Life Week](#)

18: [World Menopause Day](#)

November

12: [Purple Tuesday](#)

16 November: 16 December: [UK Disability History Month](#)

December

3: [International Day of Persons with Disabilities](#)